

A photograph of children walking on a paved area where a large chalkboard path has been drawn. The path is divided into sections, each containing a different health-related icon: a baseball bat, a baseball, a book, a banana, a basketball, an apple, a soccer ball, and a heart. A yellow backpack and a blue backpack are lying on the path. The children are wearing casual summer clothing like shorts and sandals. The scene is outdoors with shadows cast on the ground.

**KEEP KIDS ON A HEALTHY
PATH AFTER SCHOOL.**



American
Heart
Association



Ruby Wood Johnson
Foundation



Voices
for Healthy Kids

MAKING EACH DAY HEALTHIER FOR ALL CHILDREN™

KEEP KIDS ON A HEALTHY PATH AFTER SCHOOL.

Out-of-school time programs can support healthy habits by providing healthy snacks, physical activity and limited screen time. With state support, parents and providers can make sure all kids stay on the right path.

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